



Career Solutions  
 Report for : Sarah SAMPLE

**Job Satisfaction Summary**

**Likes** (list what you like/dislike most about your current/previous work) **Dislikes**

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**Work Experience** : Voluntary work (Not at home)

**PERSONAL CHARACTERISTICS**

**Drive Level** : Moderate \*  
**General Health** : Good  
**Stress Coping** : Good  
**Self Esteem** : Moderate to Poor ‡

\* You may wish to explore some strategies to increase your work drive/level of motivation.

‡ You may wish to explore some self esteem development strategies.

**PERSONAL WORK VALUES**

Most Important Values : \* **Working with people**  
 : \* **Helping people**  
 : **Creativity**  
 : **Variety**

\* Your "Values" pattern suggests a desire for career paths involving helping others or working with people.

**PERSONAL CIRCUMSTANCES**

**Work Condition Preferences** : No working with heights  
 : No heavy physical work  
 : No sitting at a desk all day  
 : No living and working away from home  
 : No shift work/night work/odd hours

**Physical/Medical Considerations** : Skin allergies or reactions  
 : Hearing difficulties

**Career Planning Considerations** : Financial considerations  
 : Hobbies/leisure/social activities  
 : Geographic location

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### WORK SKILLS

(Sarah's Self Estimates)

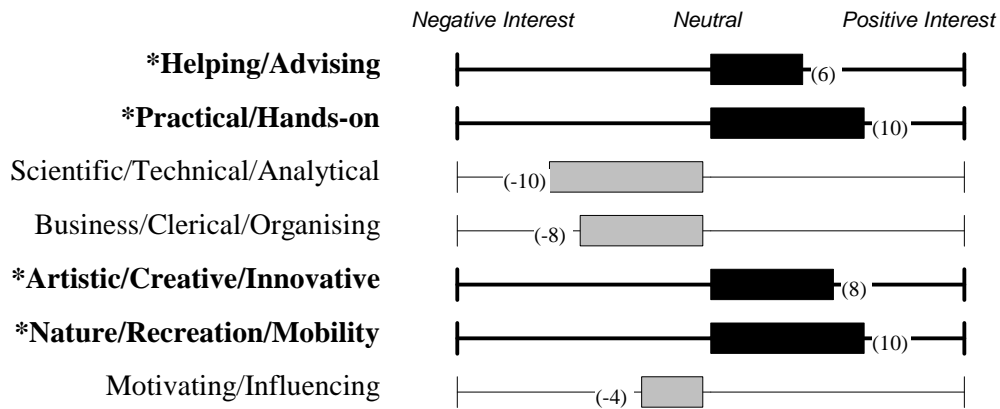
✓ Highest rated Work Skills

★ Likes                      ☒ Dislikes

# Keen to develop these skills further

- Using hands/making things ✓:★Above average
- #Working with/helping people ✓:★Above average
- Solving problems/thinking : Average to slightly below average
- #Being creative : Average to slightly above average
- Leading or organising people : Average to slightly below average
- Using numbers and maths ☒Below average
- Collecting/organising information ☒Below average
- Using/learning new technology : Average to slightly below average
- Influencing by speaking/writing : Average to slightly below average

### WORK INTEREST PROFILE



Your career interests are generally positive. The program has selected your strongest interests only, to determine your likely compatible career options.

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## WORK INTEREST PROFILE DESCRIPTION

*(most positive interest areas)*

### \*Practical/Hands-on

Relates to using practical knowledge and hand skills.

*Note: You indicated no interest in work related to Building/Construction, Defence Forces/Military, Driving Vehicles - on roads, Driving/Operating Machinery - Mobile, Furniture/Wood/Timber, Gaming/Amusements/Night Clubs/Betting, Inspecting Services, Installing/Erecting Equipment, Logistics/Transport/Freight Handling, Manufacturing/Processing, Metal Tradespersons/Metal Workers, Mining/Explosives, Motor Vehicle and Cycle Repairs, Operating Machinery - Fixed, Police/Security/Detention Centres, Printing/Publishing, Technicians/Technical, Telecommunications at present (but you may have related leisure interests).*

### \*Nature/Recreation/Mobility

Relates to nature or outdoor work (including sport), and also physically active or mobile work (travelling or moving around).

*Note: You indicated no interest in work related to Rescue Services/Fire/Ambulance, Science - Environmental/Agricultural, Science - Physical/Geological at present (but you may have related leisure interests).*

### \*Artistic/Creative/Innovative

Relates to artistic expression, creating, inventing and innovative ideas and problem solving.

*Note: You indicated no interest in work related to Announcing/Acting/Entertaining, Dance/Choreography, Languages, Media/Advertising, Music/Singing, Writing/Journalism/Editing at present (but you may have related leisure interests).*

### \*Helping/Advising

Relates to helping or advising with regard to people, animals or the environment.

*Note: You indicated no interest in work related to Health/Medical/Occ. Health, Industrial Relations/Mediation, Libraries/Museums/Art Galleries, Religious/Spiritual at present (but you may have related leisure interests).*

## LEISURE INTERESTS

Sarah's Leisure Interests : **Sewing and Crafts**  
: **Caring for Animals**  
: **Netball**  
: **Cooking**

## SPECIAL TALENTS

Sarah's Special Talents : **Working with Animals**  
: **Sewing**

## OWN CAREER IDEAS

Sarah's Career Ideas : **Have My Own Market Stall to Sell My Craft**

## CAREER DREAMS

Sarah's Career Dreams : **Become a famous fashion designer and own a dog kennel business**

**Career Exploration Level** : TAFE/Vocational Training (skilled and practical)

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## INDUSTRIES

*(likely compatible options in alphabetic order)*

*TAFE/Vocational Training (skilled and practical) Career Exploration Level*

Agriculture/Horticulture/Farming	*Animal Care & Training
Art/Photography	*Child Care
Cleaning/Sanitation/Pest Control	*Clothing/Footwear/Textiles
Community Services/Welfare	*Cooking/Food Preparation
*Crafts	Customer Service/Public Relations
*Design/Decorating	Education/Teaching/Training
*Hospitality/Catering/Accommodation	Human Resources/Personnel
Maintenance/Caretaking	Marine Studies/Fisheries/Shipping/Diving
*National Parks/Forestry	Personal Services
Social Science	Sport and Recreation
*Tourism	

*\* Sarah's Selected Industries*

*Draw lines to link together any Selected Industries which have common themes.*

## CAREER CLUSTERS

*(related to Industry selections)*

*TAFE/Vocational Training (skilled and practical) Career Exploration Level*

*Animal Trainers/Carers (including Horse related)	Bar Attendants
Bus/Tram Drivers	*Caterers
Chefs/Cooks/Bakers/Confectioners	Child Care Co-ordinators
*Child Care Workers/Nannies	Clothing/Dressmaking/Sewing Workers
*Confectioners/Chocolate Makers	*Craftspersons
*Dressmakers/Tailors/Clothing Tradespersons	Factory Processing/Packaging Workers
Farmers/Agribusiness/Agric. Managers	Fashion Designers
Food Manufacturers/Tradespersons (Other)	Food Trades Assistants
Footwear/Shoemaking Tradespersons	Forestry/Logging Workers
Function/Conference/Event Organisers/Managers	Graphic (Image/Text) Pre-Press Tradespersons
Graphic Designers/Illustrators	Hotel/Motel Housekeepers
Interior Decorators/Designers	Jewellers/Gem Tradespersons
Kitchenhands	Leather Workers/Canvas Goods/Sail Makers
Managers-Hospitality/Tourism/Sport/The Arts	Manufacturing Machine/Plant Operators
Meat Tradespersons	*Park Rangers
*Picture Framers	Porters/Concierge/Door Persons/Ushers
Refuge/Hostel Care Workers/Carers	Signwriters
Teachers' Aides/Cultural Liaison Officers	Teachers/Instructors/Tutors (Private)
*Textile and Footwear Machine Operators	Textiles Technicians
Ticketing/Travel Customer Service Officers	Travel/Tourist Officers/Agents/Attendants
Veterinary Nurses	Waiters/Servers (Food/Drink)
*Window Dressers/Visual Merchandisers	

*\* Sarah's Selected Career Clusters*

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## OCCUPATIONS

*(related to Career Cluster selections)*

*TAFE/Vocational Training (skilled and practical) Career Exploration Level*

<ul style="list-style-type: none"> <li>*Animal Carer/Trainer/Exerciser/Groomer{ab</li> <li>Calligrapher{def}</li> <li>Child Care Worker{bdhi}</li> <li>*Confectioner/Chocolate Maker</li> <li>Dressmaker{cf}</li> <li>Family Day Care Worker{bdhi}</li> <li>Glass Blower/Glass Engraver</li> <li>Horse Trainer/Breaker/Riding Instructor{ab}</li> <li>Machine Operator - Carding/Spinning</li> <li>Machine Operator - Footwear{a}</li> <li>Machine Operator - Knitting</li> <li>Machine Operator - Weaving</li> <li>*Park Ranger/Fisheries Inspector{ahjk}</li> <li>*Picture Framer</li> <li>*Sewing/Knitting Craftsperson{df}</li> <li>Tailor{cd}</li> </ul>	<ul style="list-style-type: none"> <li>Apparel (clothing) Cutter{cd}</li> <li>*Caterer{dgh}</li> <li>*Clothing Tradesperson/Costume Maker{c}</li> <li>Craftsperson (Other){d}</li> <li>Engraver{df}</li> <li>Farrier/Horseshoe Fitter{abj}</li> <li>*Hat Maker/Furrier{cdf}</li> <li>Leadlighter</li> <li>Machine Operator - Dyeing/Finishing{a}</li> <li>Machine Operator - Hides/Skins{ab}</li> <li>Machine Operator - Textiles (Other){a}</li> <li>*Nanny/Babysitter{bdghi}</li> <li>Patternmaker-Grader (Clothing){d}</li> <li>Potter/Ceramics Craftsperson</li> <li>Stud Hand/Stable Hand{abh}</li> <li>*Window Dresser/Visual Merchandiser{hj}</li> </ul>
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\* Sarah's Selected Occupations

### Occupation Specific Notes

*(check for possible inconsistencies between your Selected Occupations and your skills/preferences)*

- {a} However, your allergies may cause problems with this work.
- {b} High levels of physical strength and endurance usually required.
- {c} High performance in mathematics is usually required.
- {d} Good organisational skills usually required.
- {e} High performance in English is usually required.
- {f} However, you indicated a dislike for sitting at a desk.
- {g} Good supervisory/managerial skills usually required.
- {h} However, you expressed a dislike for shift work/odd hours.
- {i} Good motivating/training skills usually required.
- {j} However, you indicated a dislike for working and living away from home.
- {k} High performance in science is usually required.

### Notes

- Your personal work values indicate a desire to help others or to work with people.
- You indicated that financial obligations might affect your career planning.
- You indicated that your hobbies/leisure/social activities might affect your career planning.
- You indicated that where you want to live (geographic location) might affect your career planning.
- You are likely to prefer to work with individuals or small groups.
- You are likely to prefer helping/caring work environments.
- You are likely to prefer opportunities for physical movement and change.
- You are likely to prefer practical, applied projects and skills.
- Your hearing difficulties may cause problems with some work.

## SELECTED OCCUPATIONS

*(listed in order of rated preference: 1=great, 2=good, 3=OK)*

*TAFE/Vocational Training (skilled and practical) Career Exploration Level*

### 1 Animal Carer/Trainer/Exerciser/Groomer

Feeds, waters, exercises and cares for animals and birds in environments such as studs, stables, zoos, circuses, kennels, veterinary clinics and research establishments.

*Specialisations: Animal Attendant, Animal Carer, Animal Groomer, Animal Rehabilitation Worker, Animal Rescue Worker, Animal Washer/Dog Washer, Animal/Dog/Horse Clipper, Breeder, Customs Dog Trainer, Dog Catcher, Dog Handler, Dog Trainer, Dog Walker, Guide Dog Instructor, Guide Dog Trainer, Horse Exerciser, Kennel Attendant/Hand, Nature Fauna Rehabilitation Worker, Pet Shop Attendant, Police/Armed Forces/Security Dog Trainer, Rescue Dog Trainer, RSPCA Officer, Zoo Attendant, Zoo Keeper.*

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**1 Clothing Tradesperson/Costume Maker**

Makes, alters and repairs women's or men's tailored garments, formal wear, couturier clothing, or special occasion wear, such as suits, dresses, coats, evening wear and bridal wear.

*Specialisations: Theatrical Dresser, Wardrobe Assistant, Wardrobe Co-ordinator.*

*Related Titles: Dressmaker, Tailor.*

**1 Confectioner/Chocolate Maker**

Prepares ingredients, makes, shapes and wraps or box toffees, chocolates and other sweets.

*Specialisations: Chocolate Maker.*

**1 Park Ranger/Fisheries Inspector**

Controls state or national parks, scenic areas, historic sites, nature reserves, recreation areas or conservation reserves in accordance with government policies and priorities.

*Specialisations: Fisheries Inspector.*

*Related Titles: Landcare Officer, National Park Ranger.*

**1 Sewing/Knitting Craftsperson**

Creates clothing, toys and other decorative articles from hand or machine knitting or sewing.

**2 Caterer**

Discusses with clients their entertainment needs, draws up suitable menus and function arrangements, arranges and supervises the preparation and serving of food and drinks at private functions, and may organise seating and music.

**2 Hat Maker/Furrier**

Makes, alters and repairs hats (a hat maker is known as a Milliner) or makes, alters and repairs fur clothing.

*Specialisations: Fur Cutter, Fur Matcher, Furrier (makes fur clothing), Milliner (hat maker).*

**2 Nanny/Babysitter**

Assists parents to look after and care for babies and children, usually in the child's home.

*Specialisations: Baby Sitter, Child Minder, Children's Nursery Assistant, Creche Attendant, Day Care Worker, Governess.*

*Related Titles: Au pair, Babysitter, Child Care Worker, Child Minder, Children's Care Worker.*

**2 Picture Framer**

Cuts out and assembles wooden, metal or other mouldings to make picture frames, cuts glass and cardboard overlays to size, and assembles and frames paintings, photographs, needlework and other artwork.

*Related Titles: Picture Frame Maker.*

**2 Window Dresser/Visual Merchandiser**

Plans and installs window and other displays of goods to attract customer attention, to show off goods to their best advantage, and to encourage the sale of goods.

*Related Titles: Visual Merchandiser, Window Decorator, Window Dresser.*

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## CAREER COMBINATIONS

**The new work of the future will involve unique combinations of existing work, often combined with new technology.** You are likely to increase your satisfaction and employability if you find ways to combine your highest rated career options.

*Your highest rated Occupations have been sorted into related Career Themes\* (left hand column). List under Career Combinations (right hand column) as many combinations of Career Themes and/or Occupations as possible. Use brainstorming to come up with ideas. It might help to draw lines to link possible combinations of occupations (between and within themes). Be creative and inventive. Ignore realism at this stage. Some combinations will come easily, others will be more challenging to generate. Also brainstorm and link any My Own Career Ideas/Career Dreams with other Occupations/Career Themes. Later you could try asking other people to help you come up with additional combinations, including ones that also link your leisure and lifestyle preferences.*

### Career Themes related to highest rated Occupations

*Career Themes\* are work/industry groupings. Your highest rated Occupations may be linked to more than one Career Theme.*

### Career Combinations

*Brainstorm and list career combination ideas generated by linking as many Career Themes and/or Occupations as possible.*

#### Creative

- 1 Sewing/Knitting Craftsperson
- 2 Picture Framer
- 2 Window Dresser/Visual Merchandiser

#### Hospitality/Tourism/Entertainment

- 1 Confectioner/Chocolate Maker
- 2 Caterer

#### Agriculture/Horticulture/Farming/Animal Care

- 1 Animal Carer/Trainer/Exerciser/Groomer

#### National Parks/Forestry

- 1 Park Ranger/Fisheries Inspector

#### Education/Teaching/Training

- 2 Nanny/Babysitter

#### Machinery Operation/Manufacturing

- 2 Hat Maker/Furrier

#### My Own Career Ideas/Career Dreams

*Include these options in your career combinations (if not included in the above career themes).*

- 1 Become a famous fashion designer and own a dog kennel business

*Rate each Career Combination: 1=great, 2=good, 3=OK. Upgrade any options rated 1 from 1 to a 1+ rating if they sound really great. Develop goals and detailed action plans to research your most highly rated Occupations and Career Combinations.*

## SARAH'S ACTION PLAN GOALS

*Goals are more often achieved if action plans are prepared and frequently updated. Use the Action Plan worksheet provided to record a step-by-step plan to research and achieve your goals.*

*The goals listed below have also been copied into the Action Planner program (which you can access from the career program main menu). Action Planner has a pick-and-click menu of useful tasks/steps and resources linked to each goal. It makes producing a detailed Action Plan and To-Do-List easy. Both reports can be printed and updated. Goal achievement is also more likely if you adopt a positive 'can-do' attitude and look for ways to combine and market your unique strengths and preferences. Also, find ways to bring components of longer term work/learning/life goals (such as preferred skills, people and physical environments) into your life now.*

#### Research preferred career preferences:

Animal Carer/Trainer/Exerciser/Groomer, Clothing Tradesperson/Costume Maker, Confectioner/Chocolate Maker, Park Ranger/Fisheries Inspector, Sewing/Knitting Craftsperson, Caterer, Hat Maker/Furrier, Nanny/Babysitter, Picture Framer, Window Dresser/Visual Merchandiser, Become a famous fashion designer and own a dog kennel business

#### Research career combinations:

#### Inconsistency considerations between career preferences and skills/attributes:

Mathematics, Science, Leadership/managing/supervising, Motivating/training/instructing, Organising/planning, Physical strength/endurance

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**Improve my:**

Self marketing

**Work conditions/health considerations:**

A lot of travel away from home, Allergies, Shift work/odd hours, Sitting at a desk most of the time, Hearing difficulty

**Personal circumstance considerations:**

Financial considerations, Hobbies/leisure/social activities, Geographic location

**Research subject choice and career preference alignment:**

VET - Music Industry, SWL - Hospitality, SWL - Business & Clerical, Practical Geography, Mathematics in Practice, Human Biology, Vocational English

**Research study/training options and career preference alignment:**

Hospitality Maybe, Being creative, Working with/helping people

**Include my personal work values in my work/life planning:**

Working with people, Helping people, Creativity, Variety

**Research work environment alignment with these preferences:**

Helping others or working with people, Preference for working on one or two in-depth projects and/or in a small team, Preference for helping/caring and/or creative work environment, Preference for physical movement, flexibility and/or travel, Preference for hands-on practical work/projects

**Include special talents & best/favourite work skills in my work/life planning:**

Working with Animals, Sewing

**Include my work and leisure interests in my work/life planning:**

Practical/Hands-on, Nature/Recreation/Mobility, Artistic/Creative/Innovative, Helping/Advising, Sewing and Crafts, Caring for Animals, Netball, Cooking

**Improve my:**

Drive level/motivation, Self esteem

**Other Possible Goals**

Explore new work experience/work shadowing opportunities:

Explore ways to achieve preferred work/learning and life balance:

Develop relationship building skills:

Budget effectively and make better use of money:

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