



CareerMate



A Career Solutions career counselling/coaching tool.

Career Solutions

Commenced 6 January 2011 : Printed 6 January 2011
for

Sam SAMPLE

Age: 16 Sex: Male

EDUCATION and TRAINING

Current Study/Training

Year 11

Year 11 School Performance

Computer Fundamentals :★Average to slightly above average
General Workshop :★Above average
Mathematics in Practice : Average to slightly below average
Outdoor Education : Above average
SWL - Building Construction :★Above average
Senior Science : Average to slightly above average
Vocational English :☒Average to slightly below average

Previous Study

Year 10 School Performance

English :☒Average to slightly above average
Science : Average to slightly above average
Society & Environment : Average to slightly above average
Mathematics : Average to slightly above average
★ Favourites ☒ Disliked

Favourite Elective/Option Subjects

Design & Technology/Ind.Arts :★
Physical Ed./Outdoor Ed. :★

Future Study/Training

Trade :

WORK HISTORY

Current Work : Part time/casual work

<i>Job/Occupation</i>	<i>Satisfaction</i> (rate out of 10)	<i>Total</i> <i>Years/Months</i>	<i>Supervisory</i> <i>Years/Months</i>
Car Wash Attendant	/10 : Part time	0 / 11	0 / 0

School Work Experience : Wreckers
: Motor Mechanic

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Job Satisfaction Summary

Likes (list what you like/dislike most about your current/previous work) **Dislikes**

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PERSONAL CHARACTERISTICS

Drive Level : High
General Health : Very good
Stress Coping : Poor +
Self Esteem : Satisfactory ‡

+ You may wish to explore some stress management strategies.

‡ You may wish to explore some self esteem development strategies.

PERSONAL WORK VALUES

Most Important Values : **High salary**
: **Job security**
: **Variety**
: **Flexibility**

PERSONAL CIRCUMSTANCES

Work Condition Preferences : No needles, blood or surgery
: No working with heights
: No high personal risk
: No heavy physical work
: No sitting at a desk all day
: No living and working away from home
: No shift work/night work/odd hours

Physical/Medical Considerations : Colour blindness
: Eyesight problems

Career Planning Considerations : Financial considerations
: Influence of friends
: Hobbies/leisure/social activities

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WORK SKILLS

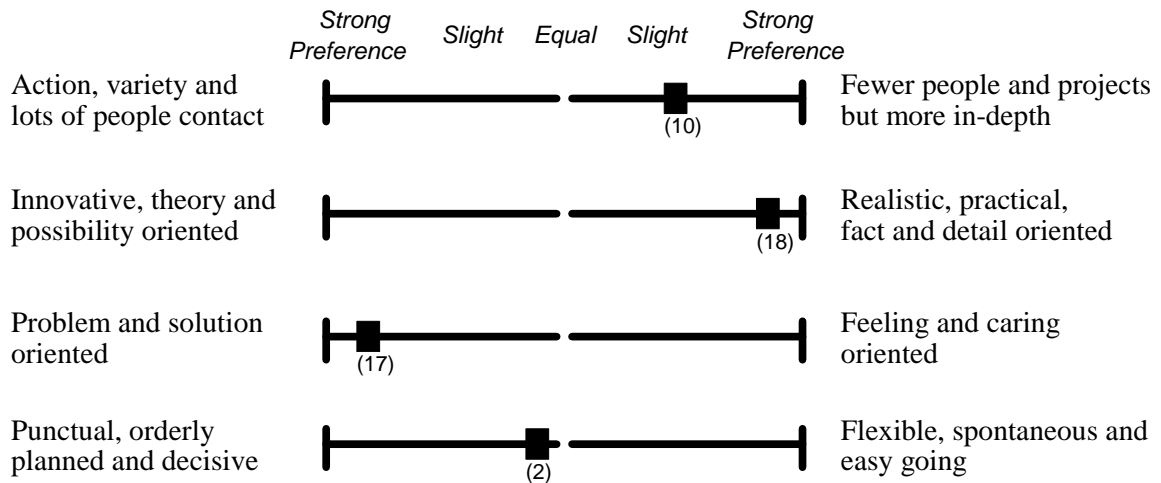
(Sam's Self Estimates)

✓ Highest rated Work Skills
★ Likes ✕ Dislikes

Keen to develop these skills further

- #Using hands/making things ✓:★Well above average
- Working with/helping people : Average to slightly above average
- #Solving problems/thinking ✓:★Above average
- Being creative : Average to slightly below average
- Leading or organising people : Average to slightly below average
- Using numbers and maths : Average to slightly above average
- Collecting/organising information : Average to slightly above average
- #Using/learning new technology : Average to slightly above average
- Influencing by speaking/writing :✕Average to slightly below average

PERSONAL PREFERENCES PROFILE

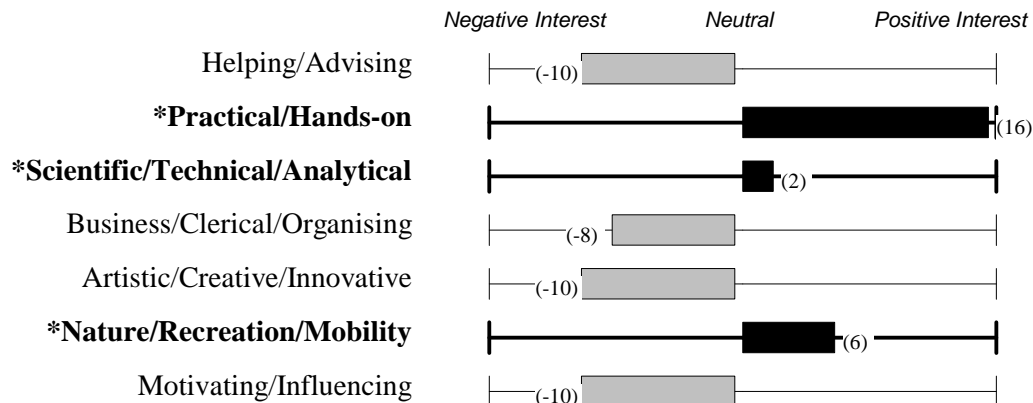


PERSONAL PROFILE DESCRIPTION

Reserved and likes quiet and space for concentration and reflection. Prefers just one or two in-depth projects or tasks to concentrate on at a time. Likes to work alone or as part of a small group. Realistic, good with facts and details and values common sense and experience. Likes making things, developing practical skills and following established procedures. Logical, analytical and task or problem solution oriented. Good at reasoning and learning how and why things work. Likely to have technical or business interests. Values fairness, technical competence and independence. Tries to avoid the extremes of rigid planning and chaotic disorder. Prefers a balance between easygoing flexibility and steadily working towards predetermined goals. Works best when inspired or under pressure. Best with real things that can be worked, handled, taken apart and put together. Patient with detailed work and routine. Often enjoys fun and/or sport related activities either as a participant or observer. Prefers practical skills based on common sense which are required to satisfy a real need.

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WORK INTEREST PROFILE



WORK INTEREST PROFILE DESCRIPTION

(most positive interest areas)

***Practical/Hands-on**

Relates to using practical knowledge and hand skills.

Note: You indicated no interest in work related to Cleaning/Sanitation/Pest Control, Clothing/Footwear/Textiles, Cooking/Food Preparation, Crafts, Furniture/Wood/Timber, Gaming/Amusements/Night Clubs/Betting, Hospitality/Catering/Accommodation, Logistics/Transport/Freight Handling, Maintenance/Caretaking, Manufacturing/Processing, Operating Machinery - Fixed, Printing/Publishing, Telecommunications at present (but you may have related leisure interests).

***Nature/Recreation/Mobility**

Relates to nature or outdoor work (including sport), and also physically active or mobile work (travelling or moving around).

Note: You indicated no interest in work related to Animal Care & Training, Marine Studies/Fisheries/Shipping/Diving, National Parks/Forestry, Science - Environmental/Agricultural, Science - Physical/Geological, Tourism at present (but you may have related leisure interests).

***Scientific/Technical/Analytic**

Relates to science, applied science (e.g. psychology) and technical problem solving.

Note: You indicated no interest in work related to Aircraft - Flying/Maintenance/Safety, Electrical/Energy/Power, Libraries/Museums/Art Galleries, Property/Real Estate, Social Science at present (but you may have related leisure interests).

LEISURE INTERESTS

Sam's Leisure Interests : **Motorcross**
: **Skatboarding**
: **Surfing**

SPECIAL TALENTS

Sam's Special Talents : **Building Model Cars**

OWN CAREER IDEAS

Sam's Career Ideas : **Something to do with Cars Or Bikes Or Building**

CAREER DREAMS

Sam's Career Dreams : **Restore vintage cars and bikes**

Career Exploration Level

Program Assessed Career Level : University or TAFE (skilled and professionals)
Self Selected Career Level : TAFE/Vocational Training (skilled and practical)

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CAREER CLUSTERS

(related to Industry selections)

TAFE/Vocational Training (skilled and practical) Career Exploration Level

<ul style="list-style-type: none"> *Bicycle Repairers Building/Construction Managers/Builders Bus/Tram Drivers *Defence Force - Engineering/Technical Drivers - Trucks/Taxis/Couriers/Deliveries Engineering Technologists Farmers/Agribusiness/Agric. Managers Garbage Collection Truck/Street Sweeper Drivers Horticultural/Garden Workers Metal Tradespersons Mobile Equipment Operators/Drivers *Motor Vehicle Painters Parole/Probation Officers *Police Officers Prison Officers Quantity Surveyors *Security Advisors/Installers/Locksmiths Surveying Labourers 	<ul style="list-style-type: none"> Building/Construction Labourers Building/Construction/Landscaping Tradespersons Console Operators/Service Station Attendants Defence/Military/Armed Force Workers Electrical/Electronic Trades/Technicians Engineering/Building Assoc./Draftspersons Fence/Sign/Shed Erectors *Home Improvement/Insulation/Installers Manufacturing Machine/Plant Operators Mining/Drilling Labourers *Motor Mechanics Motor Vehicle Repairers/Modifiers/Detailers *Plumbers *Precision Instrument Tradespersons Private Investigators/Detectives Reticulation Installers Security Guards/Bodyguards *Truck/Delivery/Removalist Drivers
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* *Sam's Selected Career Clusters*

OCCUPATIONS

(related to Career Cluster selections)

TAFE/Vocational Training (skilled and practical) Career Exploration Level

<ul style="list-style-type: none"> Airconditioning/Refrigeration Plumber{abcd} *Defence (Army/Navy/Air Force) Tech,/{cdefg} Drainer{d} Gasfitter{abcd} Installer - Building Insulation{dh} *Locksmith{c} *Motor Mechanic{d} Plumber (Roof){abcdh} *Precision Instrument Maker/Repairer Security Advisor{cfi} *Truck Driver{acd} Watch/Clock Maker/Repairer{k} 	<ul style="list-style-type: none"> Bicycle Repairer Delivery Driver{acd} Furniture Removalist/Driver{acd} Gunsmith *Installer - Home Improvements{ad} Mechanic's Assistant{d} *Plumber{abcd} *Police Officer{acdeg} Saw/Chainsaw Maker/Repairer *Security System Installer *Vehicle Painter{j}
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* *Sam's Selected Occupations*

Occupation Specific Notes

(check for possible inconsistencies between your Selected Occupations and your skills/preferences)

- {a} However, you indicated a dislike for working and living away from home.
- {b} High performance in mathematics is usually required.
- {c} However, you expressed a dislike for shift work/odd hours.
- {d} High levels of physical strength and endurance usually required.
- {e} However, your discomfort with blood/needles may be a problem.
- {f} Good organisational skills usually required.
- {g} However, you indicated a dislike for high risk work conditions.
- {h} However, your difficulty working at heights may be a problem.
- {i} Good supervisory/managerial skills usually required.
- {j} However, your colour blindness may restrict occupational entry.
- {k} However, you indicated a dislike for sitting at a desk.

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Notes

- You indicated that the influence of friends might affect your career planning.
- You indicated that financial obligations might affect your career planning.
- You indicated that your hobbies/leisure/social activities might affect your career planning.
- Your eyesight problems may cause problems with some work.

SELECTED OCCUPATIONS

(listed in order of rated preference: 1=great, 2=good, 3=OK)
TAFE/Vocational Training (skilled and practical) Career Exploration Level

1 Defence (Army/Navy/Air Force) Tech./Trade

Members of the defence force (army, navy, airforce) who use engineering or other technical skills to design, build, operate or maintain technical military equipment.

Specialisations: Airborne Electronics Analyst, Ammunition Technician, Armament Fitter, Armament Mechanic, Explosive Ordnance Demolition Technician, Military Armament Engineer, Military Explosives Technician, Military Instrument Engineer, Recovery Mechanic, Weapons Specialist.

1 Locksmith

Installs and maintains locks and related security devices and systems.

Specialisations: Safemaker.

1 Motor Mechanic

Repairs, maintains and tests vehicle or other engines and related mechanical parts.

Specialisations: Automatic Transmission Mechanic, Automotive Airconditioning Mechanic, Bicycle Repairer, Brake Mechanic, Chainsaw Mechanic, Diesel Motor Mechanic, Heavy Vehicle Mechanic, Lawnmower Mechanic, Marine Mechanic, Motorcycle Mechanic, Outboard Motor Mechanic.

Related Titles: Mechanic.

1 Precision Instrument Maker/Repairer

Assembles, tests, installs and overhauls mechanical precision instruments and equipment.

Specialisations: Camera Repairer, Scalemaker, Scalemaker and Adjuster, Scientific Instrument Maker and Repairer, Weighing Scale Maker.

Related Titles: Instrument Fitter, Precision Instrument Maker.

1 Vehicle Painter

Prepares surfaces of vehicles, matches and mixes colours and applies paint.

Specialisations: Industrial Spray Painter.

2 Installer - Home Improvements

Installs useful and decorative home improvements such as awnings, curtains, blinds, flyscreens, garage doors, exterior cladding, shower screens and ready-made windows and doors.

Specialisations: Awnings Installer, Carport Erector, Curtain Fitter, Exterior Cladding Installer, Security Door Installer, Shower Screen Installer.

2 Plumber

Installs and repairs water, drainage, gas and sewerage pipes and systems.

Specialisations: Fire Services Plumber, Pipe Fitter (Plumbing), Pipe Joiner, Roof Plumber, Sanitary Plumber, Sprinkler Fitter, Water and Sewerage Reticulation Supervisor, Water Plumber.

2 Police Officer

Protects property and the public, and preserves safety through the enforcement of laws.

Specialisations: Aboriginal Liaison Officer, Anti Terrorist Specialist, Bomb Squad Officer, Commissioned Police Officer, Community Liaison Officer, Community Police Officer, Criminologist, Detective, Detective Sergeant, Diving/Water Police Officer, Emergency Services Co-ordinator, Federal Intelligence Agency Officer, Federal Police Officer, Government Investigation Agent, Home/Community Security Advisors, Mounted Police Officer, Police Assistant, Police Station Sergeant, Search and Rescue Officer, Tactical Response Group Officer, Traffic Police Officer.

Related Titles: Central Intelligence Officer, Federal Police Officer.

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2 Security System Installer

Assesses a client's security requirements, makes recommendations about how to improve security, and designs, installs and maintains locks, security devices and security monitoring and alarm equipment, and monitors alarm systems.

Related Titles: Security Installer.

2 Truck Driver

Drives heavy trucks, which require a special licence to drive, to transport bulky goods and materials.

Specialisations: Concrete Mixer Driver, Haul Truck Driver, Livestock Haulier, Log Hauler, Log Truck Driver, Road Train Driver, Semi Trailer Driver, Stock Transport Driver, Tanker Driver, Tow Truck Driver.

CAREER COMBINATIONS

The new work of the future will involve unique combinations of existing work, often combined with new technology. You are likely to increase your satisfaction and employability if you find ways to combine your highest rated career options.

Your highest rated Occupations have been sorted into related Career Themes (left hand column). List under Career Combinations (right hand column) as many combinations of Career Themes and/or Occupations as possible. Use brainstorming to come up with ideas. It might help to draw lines to link possible combinations of occupations (between and within themes). Be creative and inventive. Ignore realism at this stage. Some combinations will come easily, others will be more challenging to generate. Also brainstorm and link any My Own Career Ideas/Career Dreams with other Occupations/Career Themes. Later you could try asking other people to help you come up with additional combinations, including ones that also link your leisure and lifestyle preferences.*

Career Themes related to highest rated Occupations

Career Themes are work/industry groupings. Your highest rated Occupations may be linked to more than one Career Theme.*

Career Combinations

Brainstorm and list career combination ideas generated by linking as many Career Themes and/or Occupations as possible.

Emergency Services/Defence/Security

- 1 Defence (Army/Navy/Air Force) Tech./Trade
- 1 Locksmith
- 2 Police Officer
- 2 Security System Installer

Technical/Engineering/Mechanical/Electrical/Electronic

- 1 Motor Mechanic
- 1 Vehicle Painter

Machinery Operation/Manufacturing

- 1 Precision Instrument Maker/Repairer

Building/Construction

- 2 Installer - Home Improvements
- 2 Plumber
- 2 Security System Installer

Transport

- 2 Truck Driver

My Own Career Ideas/Career Dreams

Include these options in your career combinations (if not included in the above career themes).

- 1 Restore vintage cars and bikes

Rate each Career Combination: 1=great, 2=good, 3=OK. Upgrade any options rated 1 from 1 to a 1+ rating if they sound really great. Develop goals and detailed action plans to research your most highly rated Occupations and Career Combinations.

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SAM's ACTION PLAN GOALS

Goals are more often achieved if action plans are prepared and frequently updated. Use the Action Plan worksheet provided to record a step-by-step plan to research and achieve your goals.

The goals listed below have also been copied into the Action Planner program (which you can access from the career program main menu). Action Planner has a pick-and-click menu of useful tasks/steps and resources linked to each goal. It makes producing a detailed Action Plan and To-Do-List easy. Both reports can be printed and updated. Goal achievement is also more likely if you adopt a positive 'can-do' attitude and look for ways to combine and market your unique strengths and preferences. Also, find ways to bring components of longer term work/learning/life goals (such as preferred skills, people and physical environments) into your life now.

Research preferred career preferences:

Defence (Army/Navy/Air Force) Tech./Trade, Locksmith, Motor Mechanic, Precision Instrument Maker/Repairer, Vehicle Painter, Installer - Home Improvements, Plumber, Police Officer, Security System Installer, Truck Driver, Restore vintage cars and bikes

Research career combinations:

Inconsistency considerations between career preferences and skills/attributes:

Mathematics, Organising/planning, Physical strength/endurance

Improve my:

Self marketing

Work conditions/health considerations:

Blood/needles, A lot of travel away from home, Colour blindness, Shift work/odd hours, High personal risks, Eyesight problems

Personal circumstance considerations:

Influence of friends, Financial considerations, Hobbies/leisure/social activities

Research study/training options and career preference alignment:

Trade, Solving problems/thinking, Using hands/making things, Using/learning new technology

Include my personal work values in my work/life planning:

High salary, Job security, Variety, Flexibility

Research work environment alignment with these preferences:

Include special talents & best/favourite work skills in my work/life planning:

Building Model Cars, Using hands/making things

Include my work and leisure interests in my work/life planning:

Practical/Hands-on, Nature/Recreation/Mobility, Scientific/Technical/Analytical, Motorcross, Skatboarding, Surfing

Improve my:

Stress management, Self esteem

Other Possible Goals

Explore new work experience/work shadowing opportunities:

Explore ways to achieve preferred work/learning and life balance:

Develop relationship building skills:

Budget effectively and make better use of money:

